



Our Mission is to teach and promote the ideas of PLAY as adults to create balance across SPICE domains to people who are new to self development.

NOVEMBER CREATIVE
WHAT:

REALIZE: WHAT YOU VALUE CREATIVELY.

(the vision of yourself that aligns with your values)

Creative development is often put aside by adults. Creativity is an exercise, like building a muscle. Being Creative is not limited to music or visual arts, but any hobby or pursuit or activity that creates JOY for its own sake.